A unique healing environment

Amberwing was created to provide the greatest level of compassion and skill in the most welcoming of healing environments. Set in a restful wooded area, we bring together the combined resources of a community and health system to create a national model for effective mental healthcare. Please visit and see for yourself.

Miller-Dwan Foundation

The Miller-Dwan Foundation developed and owns the Amberwing facility and is committed to continued charitable support of the center and its programs. Essentia Health manages the facility and provides the mental health and substance abuse services with it. To learn more or make a gift, visit amberwing.org or call 218-786-5859.

Essentia Health

Here with hope

We understand how hard it can be to endure the fear, exhaustion, humiliation and uncertainty of a mental health crisis or alcohol or drug problem. Now, more than ever, there is hope for children and families struggling to cope; you can turn to us for help.

Everyone deserves the chance for healthy change, and we’re committed to being here with you on the path to transformation. It’s a special kind of care that brings us together as partners—with children, families and the greater community—in a truly unique place designed to connect and improve the way mental health and substance abuse care is delivered in this region.

"When a child is in crisis, the entire family needs help and hope. It's why we're here—to give you the right care at the right time."

Rick Gertsema, MS, LP
Amberwing Child/Adolescent Behavioral Health Manager
Our Programs: the right care at the right time

Who we serve
Amberving helps children and teens who are experiencing mental health or substance abuse issues. In the process, we teach families skills for supporting one another in healthy ways. We also offer resources to other medical providers and the community at large.

Know the signs
Depression, suicidal thoughts, anxiety, stress, substance abuse or other concerns can come on suddenly, or so slowly they can be hard to see. One clear indicator is when a child or young person's emotions or substance use interfere with their ability to be successful at home, school or in the community.

Refer a child
If you’re a concerned parent, teacher, caregiver or other professional, you can refer a child here. Youth from ages birth to 25 can receive timely care to address a variety of emotional and behavioral problems. Please call 216-355-2100.

Learn more: Visit the Amberving Family Resource Center; call us with questions or visit amberving.org.
In a mental health emergency, please call 911 or the 24-hour crisis line: 216-723-0099.

SUBSTANCE USE DISORDER PROGRAM (ages 12-18)
Effectively treating an alcohol or other drug problem takes a comprehensive, compassionate approach. Our clinical social worker and licensed alcohol and drug counselors work with youth and families in a mix of individualized and group counseling, in a safe, structured atmosphere.

INTENSIVE OUTPATIENT THERAPY (ages 18-25)
This intensive group therapy helps emerging adults address anxiety, mental health, and co-occurring issues, and learn how to manage them in a safe, supportive environment. Participants meet for three hours, three times per week over the course of approximately six weeks. This program meets at various locations, please call 216-631-1600 to find the correct location.

FAMILY AND FRIENDS DIALECTICAL BEHAVIOR THERAPY EDUCATION PROGRAM
Learn about the Dialectical Behavior Therapy (DBT) skills that are taught at Amberving in this 10-week program available for family, friends, and community members.

BIRTH TO KINDERGARTEN PROGRAM
Our clinical child psychologist leads this comprehensive assessment and intervention program to determine treatment planning and connect families with the support needed for our youngest children.

Our team
Our team of psychiatrists, psychologists, specialized therapists, and other skilled staff is united by a passion to help children, families, and our community. With an array of therapeutic approaches customized to the needs of each child and family, we work together with you to teach the skills needed—to build hope, ensure recovery and increase resilience.

“Just like any other disease, mental illness needs to be treated. The stigma is so harmful and dangerous. People need to know they can ask for help. You’re not alone.”

Past patient of Essential Health Mental Health Services.

Amberving